Welcome to the inaugural issue of this new journal Applied Psychological Research. This journal is fully open access, which means that there is no need to pay for access for any of the material here so that academics, students and practitioner are all able to access content freely. There is also no need to pay to submit or to contribute to the journal. As long as the content is deemed suitable, judged through a fully anonymous peer review system, work can be published here and distributed freely and widely. The emphasis is on research quality and the relevance of findings to psychological practice. The journal is free of bias regarding the methodological, epistemological or theoretical position of the authors.

We are delighted to see such a broad range of papers in this first edition, both in terms of topic, type of paper and institutions involved. Regarding topic Taylor, Convery and Barton (2014) are forensic psychologists and in their empirical paper ‘Exploring the relationship between connectedness to nature and social connectedness in a female offending population’ show how female offenders feel less connected to nature and the social world than non offending groups and that a feeling of connectedness to nature is positively correlated with feeling connected to the social world. Hancock, Brown and Hagger (2014) are health psychologists and in their paper ‘Promoting condom-related behaviours in a broad population: Evaluation of a LifeGuide-based intervention’ show how online based safe sex promotion interventions can help to increase intentions to practice safe sex, but that anonymity in this setting is important. Goodman, Price and Venables (2014) contribute a social psychological paper ‘How members of the public account for the England Riots of summer 2011’ in which they demonstrate how participants tend to reproduce traditional, yet outdated, explanations for rioting behaviour rather than those more recently put forward through social identity theory. In our first short report, ‘“I Dislike my Body, I am Unhappy, But my Parents are not Disappointed in Me”: Self-Esteem in Young Women with Dyslexia’, Dåderman, Nilvang & Levander (2014) show that young women with dyslexia also reported lower self esteem. As well as having ‘traditional’ empirical research reports and the short report format, Applied Psychological Research also encourages practice notes. We are therefore very pleased to also include our first paper of this type in which Wilkinson (2014) presents ‘PTSD across the lifespan: an attachment perspective’ in which she discusses post traumatic stress disorder and how attachment theory may explain the development of this disorder.

We believe that high quality open access journals are an important way for psychological research and theory to be disseminated. For this project to work we require your contributions, both submissions and as reviewers, so please do contact us if you are interested.

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We hope that you enjoy this first edition.
The editors, 6th January 2014